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Chicken Soup for the Preteen Soul, Updated for Its 21st Anniversary

One of the most popular books ever for preteens, with two dozen new stories added

COS COB, Conn. – When *Chicken Soup for the Preteen Soul* was published in 2000 it quickly became the go-to source of comfort and advice for a whole generation of preteens, selling millions of copies around the world. That book has continued to support preteens as they start adolescence, and it remains one of the iconic publisher’s most popular classic titles. Today’s parents were the preteens who were reading the book two decades ago, and now they are buying it for their own children.

“Being a kid can be tough,” says Amy Newmark, publisher and editor-in-chief of Chicken Soup for the Soul. “What we hear the most from our young readers is that they don’t feel alone after reading the stories in our books. They realize that other kids their age are sharing the same experiences and emotions. There’s nothing like learning from a peer, someone who’s ‘been there, done that.’ Kids learn best from the experiences of other kids.”

Chicken Soup for the Preteen Soul 21st Anniversary Edition (Aug. 17, 2021, 978-1-611590807, \$14.95) has been revised and updated with two dozen brand-new stories added to the existing, classic stories from the first edition. The new stories cover a range of topics, including being a preteen during the pandemic, social media and technology, and many other modern-day issues. Stories that were out of date were removed, so that preteens will not feel like they’re reading their parents’ *Chicken Soup for the Soul* instead of their own. Stories that seemed a bit mature for this age group were moved to the new 25th anniversary edition of *Chicken Soup for the Teenage Soul*.

“We’re excited to present this new collection for today’s 9–12-year-olds, complete with new stories and many favorites from the original *Chicken Soup for the Preteen Soul*,” continued Newmark. “There’s a wealth of inspiration, comfort, and great advice in these pages that will help this new generation navigate these life-changing years, just as they helped the previous generation.”

This anniversary edition contains more than 100 stories and poems for today’s preteens, and addresses the issues that matter to them, including: true friendship and cliques; bullying of all kinds; family issues such as divorce and death; overcoming challenges; developing resilience, empathy, self-confidence, gratitude and forgiveness; and learning to make their best effort and the right choices.

Preteens will recognize themselves in these stories and be inspired, and well advised by them, just as their predecessors were two decades ago. Now, today’s parents and grandparents can provide a new generation of preteens with the same guidance—and reading pleasure—the previous generation enjoyed, with stories that are up-to-date and relevant to their lives.

ABOUT CHICKEN SOUP FOR THE SOUL

Chicken Soup for the Soul publishes the famous *Chicken Soup for the Soul* book series. With well over 100 million books sold to date in the U.S. and Canada, more than 250 titles, and translations into more than 40 languages, the phrase “chicken soup for the soul” is known worldwide and is regularly referenced in pop culture. Today, 28 years after it first began sharing happiness, inspiration and hope through its books, this socially conscious company continues to publish a new title a month. It has also evolved beyond the bookstore, with a podcast, education programs, dog and cat food, licensed products, and video, television and movies through its subsidiary, Chicken Soup for the Soul Entertainment.

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For a copy of *Chicken Soup for the Preteen Soul 21st Anniversary Edition* or an interview with Amy Newmark or one of the contributors, please contact Shelby Janner at (512) 638-6379 or shelby@zilkermedia.com.